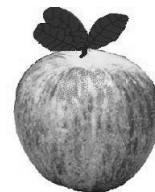


Heart Skips a Beat

Music: Olly Murs, CD In Case You Didn't Know, Sony 88697940942
Choreo: Yvonne Cox, e-mail: ycox@ecta.de Tel: +44 (0)8445 888851
Event: Fall Round Up 2012

Level: E Int
Time: 3.52
BPM: 116



Sequence: Intro A B C A B C D B C Ending

Intro: Wait 4 beats

Date: Feb 2012

Intro: Beat 1, Left hand in front of heart, palm facing out
Beat 2, Right hand in front of left hand, palm facing out
Beats 3 & 4, push hands away from body for 2 beats
Beats 5 - 8, hands fisted, right hand first, punch up in air, four times.

2 Front DS RS (xif)
Basic L RL
R LR
&1 &2
Push DS RS RS RS turn ½ Left
Turn L RL RL RL
R LR LR LR
&1 &2 &3 &4

REPEAT to the front using opposite footwork

Part A:

Pump DS KK UP/H TCH(xif) UP/H TCH(if) UP/H
Touch L R R L R R L R R L
R L L R L L R L L R
&1 & 2 & 3 & 4

Fancy DS DS(xif) BA(ots) BA(xib) BA(ots) S
Run R L R L R L R L
L R L R L R
&1 &2 & 3 & 4

Rocking DS BR UP/H DS RS
Chair R L L R L RL
L R R L R LR
&1 & 2 &3 &4

2 Basic DS RS
R LR
L RL
&1 &2

REPEAT using opposite footwork

Jacky Kick DS RS KK UP/H KK UP/H
L RL R R L R R L
&1 &2 & 3 & 4

Triple DS DS DS KK UP/H
Kick R L R L L R
&1 &2 &3 & 4

Double DS DS(xif)S Hop Hop Hop turn ½ Right on beats 3 & 4
Step L R L L L L
Hop &1 &2 & 3 & 4

Triple DS DS DS RS
R L R LR
&1 &2 &3 &4

REPEAT the Jacky Kick, Triple Kick, Double Step Hop and Triple to face the front

Now do the first 4 beats of the Intro

Part B:

Push DS RS RS RS turn ½ Left
 Turn L RL RL RL
 &1 &2 &3 &4
 Samantha DS DS(xif) DR S(ib) DR S(ib) RS DS DS RS
 R L L R R L RL R L RL
 &1 &2 & 3 & 4 &5 &6 &7 &8
 Soccer DS DT UP/H DS RS
 R L L R L RL
 &1 & 2 &3 &4
 Slur DS SLR S(xib) DS BR UP/H
 Brush R L L R L L R
 &1 & 2 &3 & 4
 Push DS RS RS RS turn ½ Left
 Turn L RL RL RL
 &1 &2 &3 &4
 Samantha DS DS(xif) DR S(ib) DR S(ib) RS DS DS DS
 Modified R L L R R L RL R L R
 &1 &2 & 3 & 4 &5 &6 &7 &8

Part C:

Charleston DS TCH(if) H T(ib) H RS
 L R L R R LR
 &1 & 2 & 3 &4
 Rock It RS (if) RS(ib) RS (if) RS (if)
 LR LR LR LR
 &1 &2 &3 &4
 Fancy DS TCH(if) H TCH(OTS) H TCH(ib) H RS(xif) RS(xib) DS RS
 Grandpa L R L R L R L RL RL R LR
 &1 & 2 & 3 & 4 &5 &6 &7 &8

Part D:

Crossover DS BR(xif)H BR(unx) H Toe Tap (xib) Toe Tap (xib)
 Tap L R L R L R R
 &1 & 2 & 3 & 4
 Triple DS DS DS RS turn ¼ Right
 R L R LR
 &1 &2 &3 &4
 Scoot DS SL RS SL RS
 L L RL L RL
 &1 & 2& 3 &4
 Triple DS DS DS RS turn ¼ Right to face the back
 R L R LR
 &1 &2 &3 &4
 Crossover DS BR(xif)H BR(unx) H Toe Tap (xib) Toe Tap (xib)
 Tap L R L R L R R
 &1 & 2 & 3 & 4
 Triple DS DS DS RS turn ½ Right to face the front
 R L R LR
 &1 &2 &3 &4
 Scoot DS SL RS SL RS
 L L RL L RL
 &1 & 2& 3 &4

Change weight to the right foot, do the first 8 beats of the Intro and then

Heel H H H H H H H H H H H H H H H H H H
 Beats 1 & a 2 & 3 & a 4 & 5 & a 6 & 7 & a 8 &
 L R L R L R L R L R L R L R L R L R L R

Heart Skips a Beat

Intro A B C A B C D B C Ending Title

Ending:

Charleston	DS	TCH(if)	H	T(ib)	H	RS	
	L	R	L	R	R	LR	
	&1	&	2	&	3	&4	
Rock It	RS	(if)	RS(ib)	RS	(if)	RS (if)	
	LR		LR	LR		LR	
	&1		&2		&3		&4
Grandpa	DS	TCH(if)	H	TCH(OTS)	H	TCH(ib)	H
	R	L	R	L	R	L	R
	&1	&	2	&	3	&	4

Do the first 4 beats of the Intro and end with both arms up on beat 5
